

30.06.2021

To Participants, Families and Carers,

As you are aware, restrictions have increased significantly over the weekend, which has resulted in our programs being effected.

As restrictions continue to be monitored and are moving quickly, we have had to look at our current programmed activities as well as the upcoming holiday activities to ensure we are working within the current restrictions as outlined by NSW Health.

Changes so far include-

- Masks are compulsory in all indoor venues including workplaces.
- Singing and dancing are not permitted
- 1 person per 4 square metres for all indoor and outdoor settings
- Drinking whilst standing is not permitted in indoor venues
- We ask people keep up-to-date with exposure sites and advise of any concerns they may have. Please see below link that can assist in keeping you updated.

<https://www.nsw.gov.au/covid-19/latest-news-and-updates>

As communicated last week, we have had to cancel a number of programs including the MDS disco.

I'm also requesting that participants bring their own lunch and drinks to program until further notice instead of sending lunch money as this will reduce the need for staff or participants to leave site during the day.

Other precautions that MDS are putting in place include-

- Staff will remain in staffing bubbles. This means staff will only work at one site not across a number of different sites
- We will not access the community until further notice. This will result in more in house activities.

- Due to the fast moving changes to restrictions, I am unable to develop individual planners for participants. Programs will be amended as restrictions are updated and we will keep participants as up to date with their programmed activities as possible.

MDS will continue to work in line with their COVID-19 precautions such as hourly sanitisation of sites, sanitisation of vehicles, limiting access to sites for essential people only, temperature checks for all those who do attend site.

We ask that anyone who is feeling unwell and/or has any flu like symptoms does not attend program and returns only once they have received a clearance from their Dr to outline that they are fit for program. This includes both staff, participants and visitors.

If you have attended any of the locations outlined on the NSW Health website please follow the instructions as outlined by NSW Health.

Please do not hesitate to contact me if you require any further details.

Warm regards,

A handwritten signature in black ink, appearing to read 'Tina Puckeridge', written in a cursive style.

Tina Puckeridge

CIS Regional Manager
0410017773